



## Menu of Services

**Skin Care Consultation** FREE

**Anti-Aging Hand Treatment** \$25.00

A perfect way to relieve and re-vitalize dry, rough skin! Your hands will feel amazing following this treatment!

### **Facials:**

**Classic Facial** \$50.00  
\$135.00 package of (3)  
\$240.00 package of (6)

Helps maintain a healthy complexion by cleansing, exfoliating, toning, masking, and moisturizing. A great 30 minute pampering experience for the person on the go!

**Back Facial** \$75.00

A relaxing treatment for an overlooked area that is out of reach. A complete back cleansing and exfoliation prepares the back for extractions. A gentle massage, masque, and moisturizer add a finishing touch.

**Pumpkin Peel Facial** \$85.00  
\$240.00 package of (3)  
\$450.00 package of (6)

A powerful antioxidant treatment, which exfoliates and draws impurities, while introducing vitamins and enzymes into the skin. Excellent for smokers, aging, sun-damaged, and acneic skin. Your skin will be glowing and extremely healthy looking following this treatment. This is an excellent peel for dehydrated skin!

### **Anti-Aging Facial**

**\$80.00**

**\$225.00 package of (3)**

**\$420.00 package of (6)**

Restores elasticity and suppleness. This treatment helps to re-establish softness and vibrancy as it stimulates, exfoliates, and nourishes multiple layers of the skin.

### **European Facial**

**\$80.00**

**\$225.00 package of (3)**

**\$420.00 package of (6)**

A relaxing treatment to improve the overall appearance of the skin, including deep cleansing, exfoliation, extractions, and masque. A soothing face and neck massage will follow to treat your specific skin type. Totally luxurious!

## **Chemical Peels:**

### **Vitalize Peel**

**\$120.00**

**\$330.00 package of (3)**

**\$595.00 package of (6)**

Helps fight the effects of time. Improves texture and tone, lessens fine lines, and gives a more youthful appearance. Vastly improves the appearance of sun-damage, aging, blemishes, acne scarring, and hyperpigmentation. Multiple treatments are recommended for optimal results.

### **Microdermabrasion**

**\$120.00**

**\$330.00 package of (3)**

**\$595.00 package of (6)**

The most natural way to evenly and safely exfoliate the skin. This enzyme peel clears away surface debris, improves texture, improves uneven skin tones, minimizes pore appearance, and revitalizes dull, lifeless, and sun-damaged skin. It also helps to minimize the appearance of scarring, fine lines, wrinkles, and pigmentation problems.

## **Ultimate Anti-Aging Package:**

**Package of (3) microdermabrasion treatments,  
plus a package of (3) anti-aging facials**

**\$450.00**

A combination of our two most popular treatments; a series of three anti-aging facials and three microdermabrasion treatments. This is the ideal combination to help keep your skin healthy and looking great!

## **Body Wraps :**

### **Parafango Body Wrap**

**\$80.00**

**\$225.00 package of (3)**

**\$400.00 package of (6) - (1) free!**

The Parafango body wrap is a perfect combination for treating cellulite and speeding inch loss, due to thermal properties of paraffin and the detoxifying effects of the mud. During a treatment, the warm parafango stimulates the lymphatic flow in the body and draws out toxins from around the fat cells, resulting in immediate, noticeable results. This particular body wrap is good for liposuction patients. It is good to have treatments prior to liposuction as it helps to liquefy the fat so it is easier for the doctor to remove. This treatment also feels good on joints, is good for injuries, arthritis, and after surgery for repair. It is ideal to have a body wrap prior to a big event such as a wedding, vacation, or any other special occasion!

### **Slimming Tummy Mask**

**\$25.00**

**\$65.00 package of (3)**

**\$125.00 package of (6) - (1) free!**

Targeting the tummy area, this body treatment contains active slimming ingredients to drain toxins that include antioxidants and soothing herbs.

## **Waxing & Tinting:**

### **Waxing:**

<b>Face Combo</b> Lip, Chin, & Brow	<b>\$35.00</b>
<b>Lip</b>	<b>\$10.00</b>
<b>Brow</b> Women & Men	<b>\$15.00</b>
<b>Chin</b>	<b>\$15.00</b>
<b>Sides of Face</b>	<b>\$15.00</b>

### **Tinting:**

<b>Lash Tinting</b>	<b>\$20.00</b>
<b>Brow Tinting</b>	<b>\$20.00</b>

## **Massage :**

### **Swedish massage**

**\$75.00 - 60 minutes**

Using a combination of long, gliding strokes and kneading of individual muscles, along with other movements, this is the most commonly offered and best know type of massage. It uses firm but gentle pressure to improve the circulation, ease muscle aches and tension, improve flexibility, and create relaxation.

### **Aromatherapy massage with lymphatic drainage**

**\$80.00 - 60 minutes**

Aromatherapy uses essential oils from plants to heal, alleviate pain and regulate mood. Essential oils are a volatile, highly concentrated plant extracts, derived from leaves, bark, roots, seeds, resins and flowers. In aromatherapy massage, essential oils are usually mixed with a carrier oil customized to your individual needs.

### **Deep Tissue massage**

**\$110.00 - 60 minutes**

A type of massage aimed at the deeper tissue structures of the muscle and fascia, also called connective tissue. Deep tissue massage uses many of the same movements and techniques as Swedish massage, but the pressure will generally will generally be more intense. The therapist works to release chronic muscle tension or knots.

### **NeuroMuscular Therapy (NMT)**

**\$110.00 - 60 minutes**

Based on understanding how the neuromuscular system functions, this is a very detailed massage of muscles, tendons, ligaments, connective tissue, etc. Precise massage therapy releases problem areas that are missed by general massage.

### **Neck and Shoulder Massage**

**\$50.00 - 30 minutes**

## **Packages :**

### **Couples Package**

**\$299.00**

You'll get the fun started with a glass of wine for each of you. You'll both receive a spa treatment of your choice; chemical peel, facial, microdermabrasion, back facial, or paraffin hand treatment. Both of you will receive a full body couple's massage and you will both have a melanoma screening. Each of you will receive a \$25.00 gift card toward the purchase of any spa service or product(s) totaling \$75.00 or more. This package ends with a special gift basket for each of you filled with spa treats. You will both leave relaxed and glowing!

### **Girlfriends Package**

**\$299.00**

This package is perfect for 2 best friends or a mother and daughter. You'll get the fun started with a glass of wine, and then you'll each receive a personalized skin care consultation, a spa treatment of your choice; facial, microdermabrasion, chemical peel, or paraffin hand treatment, a full body massage, melanoma screening, and nutritional assessment. Each of you will receive a \$25.00 gift card toward the purchase of any spa service or product(s) totaling \$75.00 or more. The package ends with a special gift basket filled with spa treats. You will both leave relaxed and glowing!

### **Mother-Daughter Package for 2**

**\$299.00**

You'll get the fun started with a glass of wine for each of you. You'll both receive a personalized skin care consultation, a spa treatment of your choice; facial, microdermabrasion, chemical peel, or paraffin hand treatment, a full body massage, melanoma screening, and you will each receive a beautiful long stem rose. Each of you will also receive a \$25.00 gift card toward the purchase of any spa service or product(s) totaling \$75.00 or more. The package ends with a special gift basket filled with spa treats. You will both leave relaxed and glowing!

### **Mother's Day Mini-Escape Package**

**\$149.00**

You'll get the fun started with a glass of wine. You'll receive a personalized skin care consultation, a spa treatment of your choice; facial, microdermabrasion, chemical peel, or paraffin hand treatment, a full body massage, melanoma screening, and you will receive a beautiful long stem rose. You will also receive a \$25.00 gift card toward the purchase of any spa service or product(s) totaling \$75.00 or more. The package ends with a special gift basket filled with spa treats. You will leave relaxed and glowing!

**Mini-Escape Package****\$149.00**

Enjoy and rejuvenate! This deluxe mini-escape package includes a personalized skin care consultation, a spa treatment of your choice; facial, microdermabrasion, chemical peel, or paraffin hand treatment, and a full body massage. You will also receive a \$25.00 gift card toward the purchase of any spa service or product(s) totaling \$75.00 or more. The package ends with a special gift basket filled with spa treats. You will leave relaxed and glowing!

**Executive Suite****\$199.00**

He'll start with a complete medical history, physical, cardiac risk factor screening, a melanoma screening, height and weight check, and a nutrition/exercise assessment. He'll also enjoy a head and neck massage, training in relaxation techniques, and a one month supply of nutritional supplements. He will also receive a \$25.00 gift card toward the purchase of any spa service or product(s) totaling \$75.00 or more.